

I.P.R. / Kass - Interpersonal Process Recall

IPR- Interpersonal Process Recall is a powerful approach to counselor and therapist training which addresses fundamental questions such as "What is the nature of our being as we relate to our clients?" and "Can we improve the ways in which people relate to one another and stop inflicting pain?"

IPR presents key concepts through:

- 1) Stimulation vignettes which engage trainees at an emotional level as they consider how they might respond to the most difficult clients.**
- 2) Example interviews followed by debriefing sessions in which the participants reveal unsaid messages underneath the original words, and**
- 3) Training in interview recall where trainees can learn how to examine their own interviews and how the client might perceive the same interview very differently. The tapes are multi-culturally sensitive and provide training in some of the more complex issues we face in today's society.**

IPR's national and international impact has been immense. Whether we are talking about counselors, therapists, physicians, educators, or business people, IPR training is most effective in helping people learn the dynamics of interpersonal interaction. Many research studies attest to its effectiveness.

Dr. Norman Kagan provides theoretical underpinnings of IPR in a new video while Dr. Henya Kagan (Klein) provides new narrations and updates on all of the well-known IPR training units.

Specific Training Units Available:

All IPR and the KASS materials including manuals, videotapes, audiotapes, CD's, DVD's, and films are copyright.

Unit A

**A-1 Interpersonal Process Recall:
Theory and Introduction, 59 min.**

Dr. Norman Kagan introduces us to new IPR theory and practice. Kagan was at his best in showing us the richness of counseling and therapy. The new video also provides an overview of IPR and all training units.

Unit B

**Elements of Facilitating
Communication (Two Parts)**

**B-1 Elements of Facilitating
Communication, 62 min.**

Presents basic exploratory, listening, affective, and meta-communication responses with example vignettes.

**B-2 Psychotherapist and New Client
(Interview Phase), 11.38 min.**

Dozier Thornton, an experienced therapist, helps a young man deal with complex family and friendship issues.

Unit C

**C-1 Affect Stimulation
The Process and Stimulus Vignettes
38 min.**

Clients gaze directly at the trainees with some of the most difficult issues possible. Includes powerful multicultural vignettes. The tape is stopped after each short vignette and trainees rapidly learn how to get in touch with their own emotional reactions to challenging client issues.

Unit D

Comprehensive View of the Recall Process (Three parts),

IPR's recall process shows us:

- 1) how to ask trainees and ourselves what went on in our minds during the session,**
- 2) that clients and therapists remember the interview differently, and**
- 3) that client and counselor talking together through mutual recall can benefit both and lead to a deeper shared understanding. Examples of recall sessions in different settings provide maximum flexibility for varying users.**

**D-1 Psychotherapist and New Client (Real Phase),
36 min.**

Dozier Thornton in a recall session with an inquirer. It provides an unusual glimpse of the therapist's experience during the interview session with his client.

**D-2 Resident Adviser and Colleague
15 min.**

RA's work with the complexities of their work setting. Useful in college student personnel situations.

**D-3 School Administrator and Teacher
31 min.**

Working with conflict in the schools.

Unit E

E-1 Inquirer Role and Function

81 min.

Provides an opportunity for professionals and students to learn the inquirer role. This is particularly vital for counseling and psychotherapy, supervision courses.

Unit F

IPR Applications

Candid interactions using the recall process in field settings. Again, a variety of examples for use in varying frameworks.

(Ten application examples).

F-1 Student with Jr. High School principal.

Student's Recall Process,

6 min.

Recall process illustrated clearly through the student's reaction to the Principal.

F-2 Couple, Man and Woman

56 min.

A couple meets to talk about their relationship and learn a good deal about themselves and how they relate. Woman's recall and man's recall.

F-3 Psychotherapy, On-Going

53 min.

This tape illustrates a counselor's recall session, a client's recall, and a powerful mutual recall session of both counselor and client.

F-4 Military Interaction

60 min.

A female officer (Captain) talks about difficult interactions with male officers (Major). We view the Captain's recall, the Major's recall, and their mutual recall.

F-5 Physician and Patient I,

32 min.

Physicians learn how they come across to their patients through a mutual recall session.

F-6 Man and Woman, Mutual Recall

6 min.

This records a man and a woman who had recently met. They discuss their relationship and adjustments to each other. During mutual recall, they elaborate on the meaning of their statements.

F-7 Health Team: Mutual Recall

11min.

A health team explores its interactions.

F-8 Family Interview 1, Mutual Recall

23 min.

Feelings are discussed in the family about recent divorce.

F-9 Family Interview 2, Mutual Recall

14 min.

A family looks at its own interactional style.

F-10 Jr. High School Classroom

17 min.

An examination of what goes on in a classroom from teacher and student vantage points.

Also available:

1000 - Interpersonal Process Recall Manual.

Dr. Kagan presents the updated theory with comprehensive discussion of the IPR framework, Transcripts of above sessions included. Over 500 pages.

1001 - Basics of Interpersonal Process Recall.

Six key videos, Units A, B-1, B-2, C, D-1, and E have been selected as a basic package for counselor and therapist education. Units D-2 or D-3 may be substituted for D-1 on special request. Includes IPR Manual. Over 4 hours and 49 min.

1002 - Full Interpersonal Process Recall Pkg.

More than 11 hours of videotape including the IPR Manual.